



Sex, Drugs and Rock 'n' Roll

2016 Results

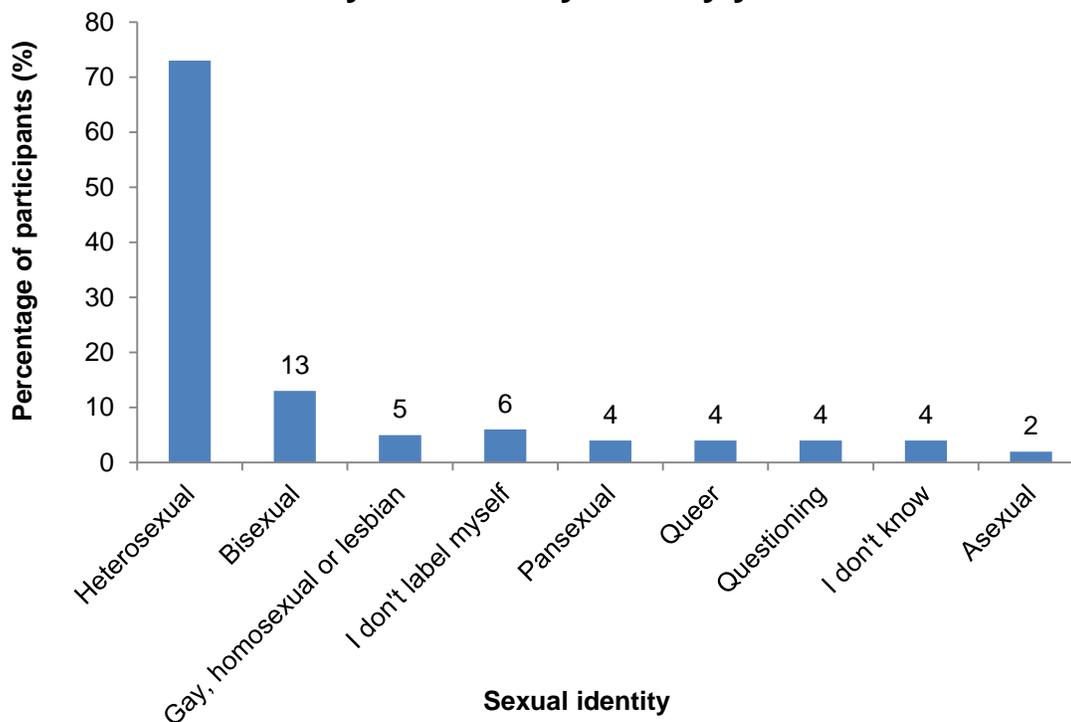
In 2016 we conducted the *Sex, Drugs and Rock 'n' Roll* survey with young people online. We asked about their sexual behaviors, knowledge of sexually transmitted infections (STIs), alcohol and drug use, mental health and pornography use. A total of 1029 young people aged 15-29 years took part in the survey.

Demographics (n=1029)

- 71% were female, 27% were male and 2% were transgender or non-binary
- 87% were born in Australia
- 63% were aged 20-29 years
- 41% had completed any post-high school education, including uni degrees and TAFE
- 90% lived in a major city
- 52% lived with their parent/s

Sexual identity

How do you currently identify yourself?



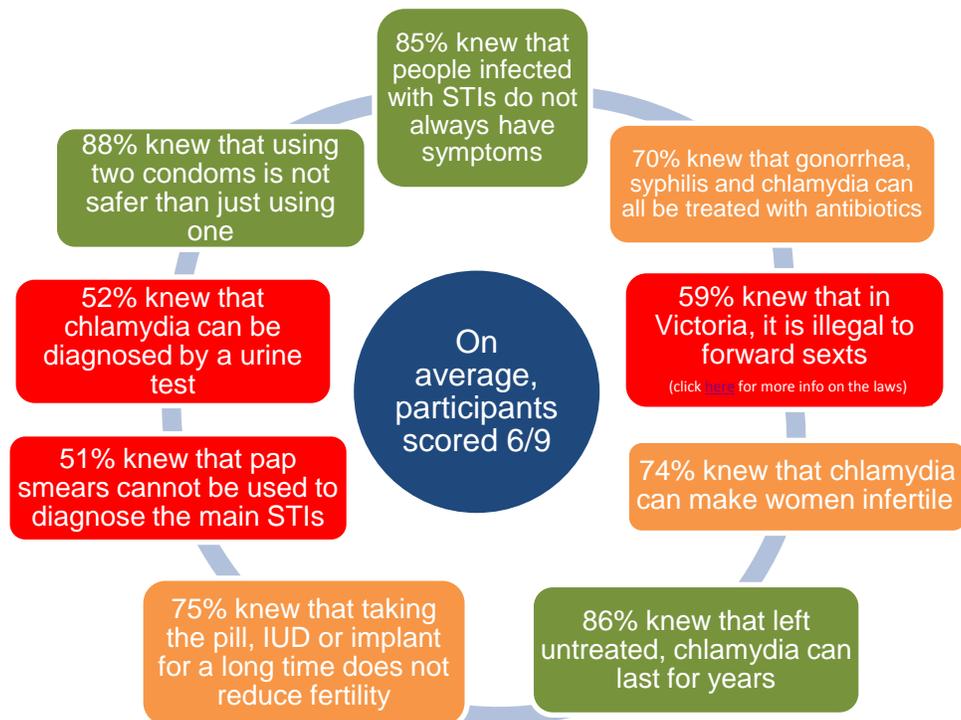
Sexual health

- 77% reported that they had ever had vaginal intercourse
- 33% reported they had ever had anal intercourse
- 83% reported they had ever given oral sex
- 82% reported they had ever received oral sex

Of those who reported penetrative sex in their lifetime (n=810):

- 19% reported more than 10 vaginal sex partners in their lifetime
- 6% reported more than 10 anal sex partners in their lifetime
- 42% reported a casual partner in the past 12 months
- 51% reported using condoms at last vaginal sex; 54% used the pill
- 58% reported that they had ever had an STI test

Knowledge of STIs



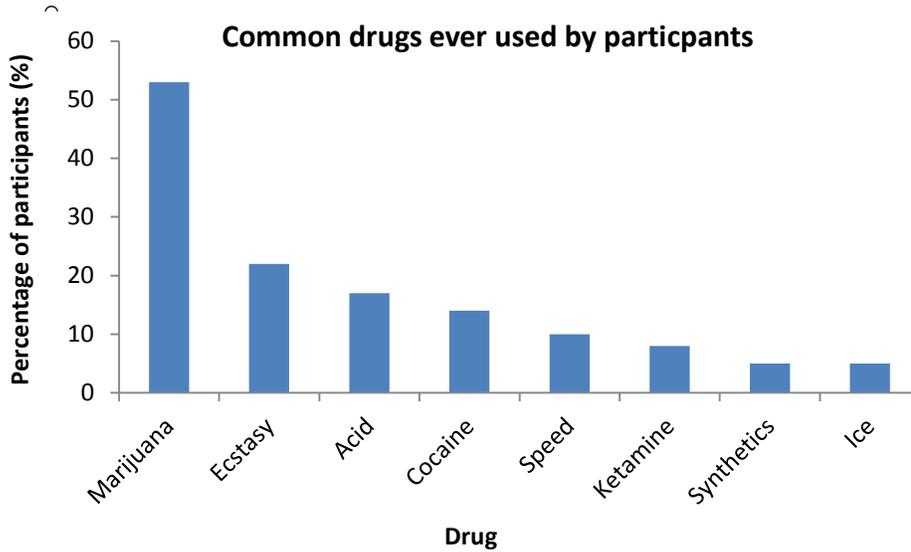
Alcohol use

- 67% reported drinking alcohol for the first time when they were aged 16 years or younger
- 90% reported drinking alcohol in the past 12 months
- Of those who reported drinking alcohol, 10% reported binge drinking (six or more drinks in one sitting) more than weekly
- 29% reported that they or someone else had ever been injured because of their drinking



Drug use

- 14% reported that they were current smokers
- 55% reported that they had ever used illegal drugs
- 4% had ever used crystal methamphetamine (ice)
- Of those who had ever used drugs, 42% had used in the past month



Mental health and lifestyle

- Female participants were more likely than male participants to report a mental health problem in the last 6 months
- 65% reported that their overall mental health was excellent, very good or good.



Bullying

- Of those who had been bullied in the past six months (n=191, 20%), the following types of bullying were reported:



Cyber bullying
23%



**Homophobic or
transphobic bullying**
20%



Racial bullying
11%



Bullying at school or uni
28%



Physical bullying
19%



Workplace bullying
32%

Sexting

61% reported that they had sent a sext of themselves to someone else

17% had received a sext that had been forwarded from someone else

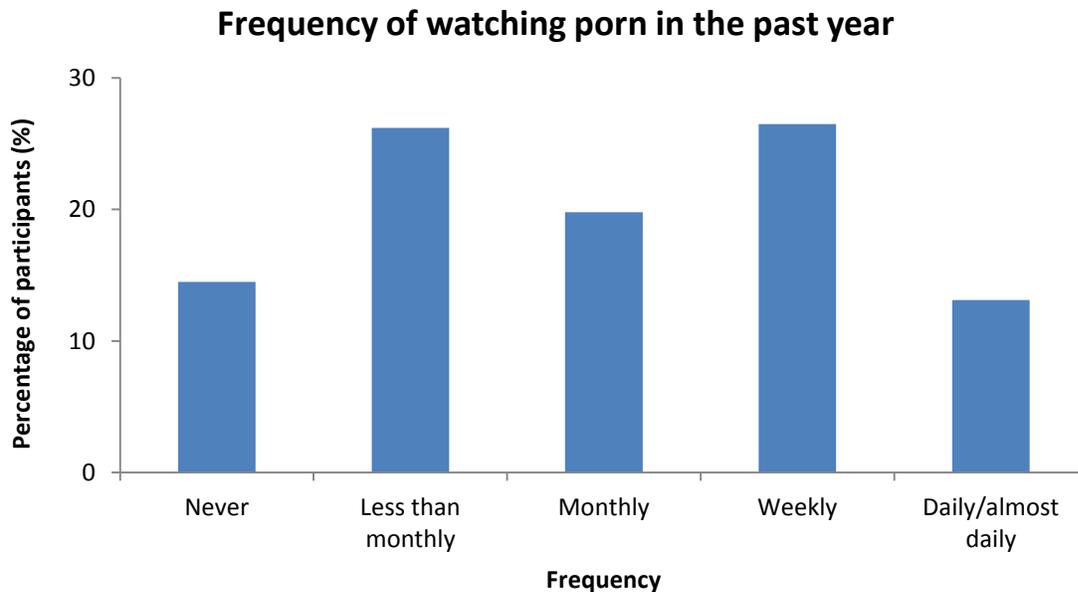


7% had forwarded a sext of someone else to another person

65% had received a sext of someone else

Pornography

Of those who had ever intentionally watched pornography (n=903, 89%):



- Male participants were more likely than female participants to report watching porn on a daily or almost daily basis (35% compared to 3%)

Some interesting answers we received to the open question 'In your view, how do you think pornography has influenced your life? (in positive and/or negative ways)':

Positive



- *"[It's helped with] understanding my own sexuality and body"*
- *"It gives me pleasure"*
- *"I no longer see sex as a sin"*

Neutral



- *"I don't believe porn has influenced my life at all"*
- *"I suppose there is a mild enjoyment of it, with no drawback."*
- *"Purely used as a means to an end and has no bearing on my day to day life."*

Negative



- *"I think it's given casual sex partners unrealistic expectations"*
- *"My reliance on it to become aroused increased."*
- *"[It's] made me more self conscious about my body and body hair"*

Apps and dating websites

- 18% of participants reported using an app or website to meet their sexual partners in the past 12 months
 - Of these, 80% used Tinder, 14% used Snapchat and 12% used Grindr



For a bit of fun...



28% identified as a 'cat person'



56% identified as a 'dog person'



15% didn't identify as either

- 'Dog people' were more likely than 'cat people' to report living alone, having post-high school education and identifying as heterosexual!

The study researchers would like to thank all those who participated for their help. The full results of the study are currently being prepared for publication in scientific journals and presentation at national and international conferences. If you have any questions about the study or its results, please email Caitlin Douglass via Caitlin.douglass@burnet.edu.au.