

# Darebin Muslim Community Survey 2022 Results

*"Our community mental health has suffered throughout the pandemic"*

*-Anonymous survey response*

Participants reported difficulties accessing health services, community centres and engaging with the community. Main concerns reported by participants were mental health (for participants and their families), social connectedness, children's education and financial concerns like living costs increasing, loss of jobs and need for training.

Majority of participants are looking for transparent and honest sources of information that are easy to access and shared by a trusted professional or leader from the community.

**75%**

were female

**59%**

aged between 28 and 47 years

**62%**

Have children

**70%**

have completed tertiary education

## LANGUAGE

74% speak languages other than English at home

- Arabic (62%)
- Turkish (14%)
- Urdu (9%)

## CULTURAL BACKGROUND

The largest cultural groups were:

- Egyptian (23%)
- Lebanese (14%),
- Pakistani (12%)
- Turkish (9%)



## COVID-19

71% had contracted COVID-19 recently and 16% still have symptoms

86% performed a RAT test when symptomatic

Of those who performed a RAT, 52% reported their results to the Victorian State Government

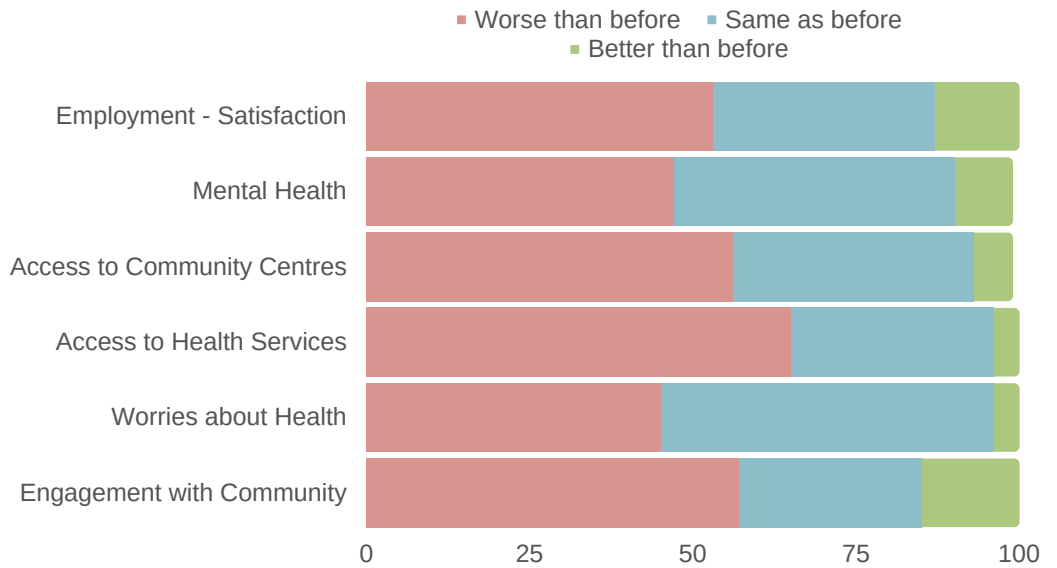
## COVID-19 VACCINATIONS

97% of participants were fully vaccinated (2 doses) with 59% having received 3 doses or more.

23% of vaccinated participants would get a further dose of a COVID-19 vaccine

53% are either not sure or would not get a further dose of a COVID-19 vaccine

# Impacts of the pandemic



Most of the participants (70%) feel very confident or confident in understanding and following COVID-19 health advice.

The less confident participants highlighted wanting information that is honest and transparent.

## TOP SOURCES TO FIND INFORMATION ON COVID-19

- 1) Australian Government website
- 2) National/Local news
- 3) Social media (Facebook, Twitter, Instagram) and Information sessions at work/school

**Reliable/ official source, easy to access and most updated information** were the main reasons why these 3 options were selected

## Top community needs



You told us that you need accessible mental health services and supports that address social isolation and disconnection from services and community

You also told us that young people and parents are facing particular challenges coming out of the pandemic.



## Next steps

Thanks to your contribution, we have identified that we will co-design and deliver a program that will focus on parents and young people's mental health.

We have collaborated with experts in mental health in the Muslim community to undertake this co-design so that we can support you and your community to access mental health supports and services.